



copulsepoll.org

The Colorado Health Foundation Poll

2026 Findings



Survey Specifics and Methodology

(Not All Results Will Sum to 100% Due to Rounding)

Dates	March 14-April 9, 2026
Bipartisan Research Team	Dual-mode Resident Survey
Survey Type	Adult Coloradans
Research Population	2,240 Coloradans Including Oversamples of Black/African American, Native American/Indigenous, and Asian American Coloradans, as well as Residents of Morgan County
Margin of Sampling Error	±3.2% at the 95% Confidence Level
Contact Methods	Telephone Calls Email Invitations Text Invitations Postcard Invitations
Data Collection Modes	Telephone Interviews Online Interviews
Comparison Surveys	Pulse polls fielded in 2020-2025
Survey Languages	English and Spanish



How We Reach People

Contact Methods



Telephone
Calls



Email
Invitations



Text
Invitations



Postcard
Invitations

Data Collection Modes



Telephone
Interviews

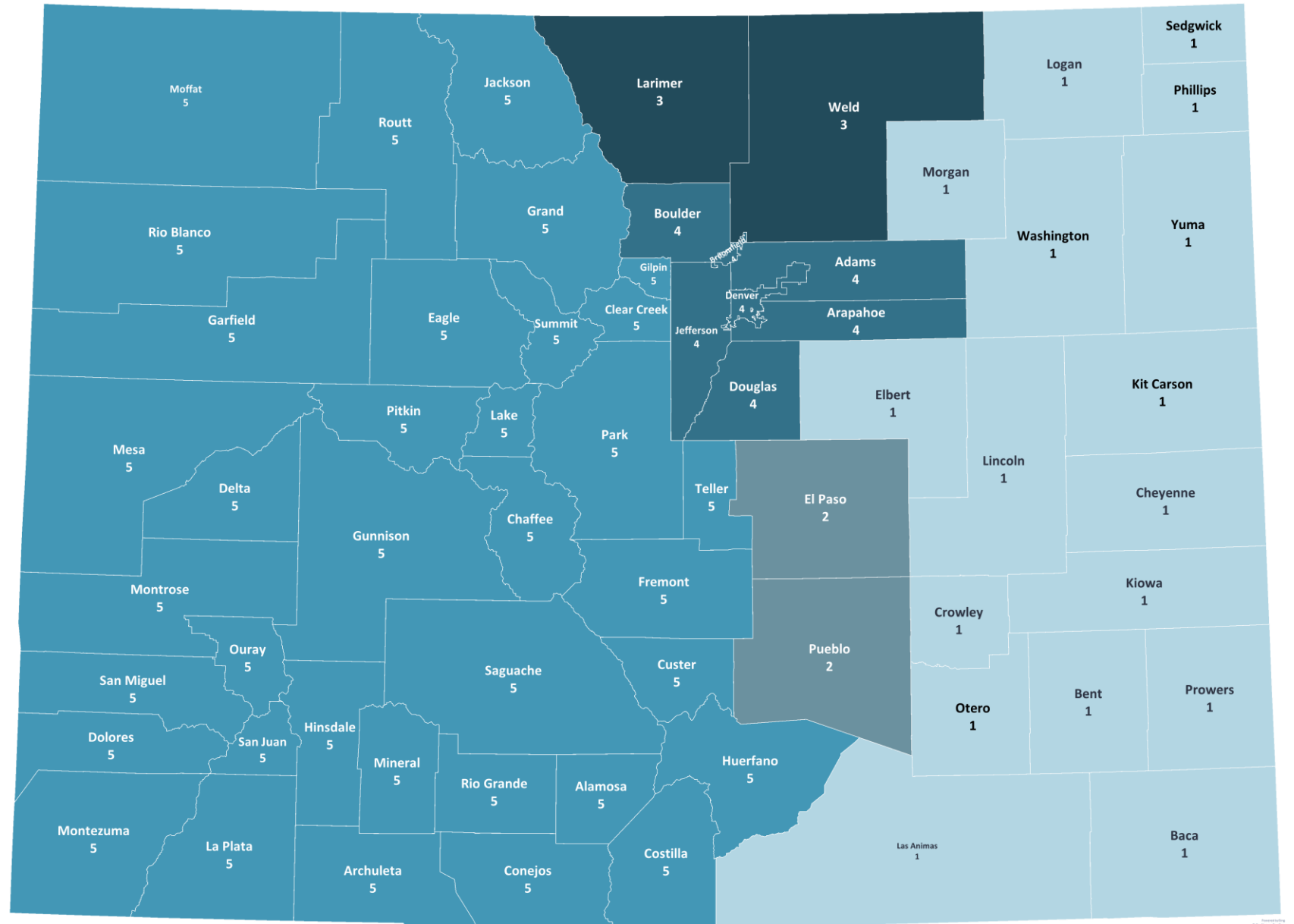


Online
Interviews



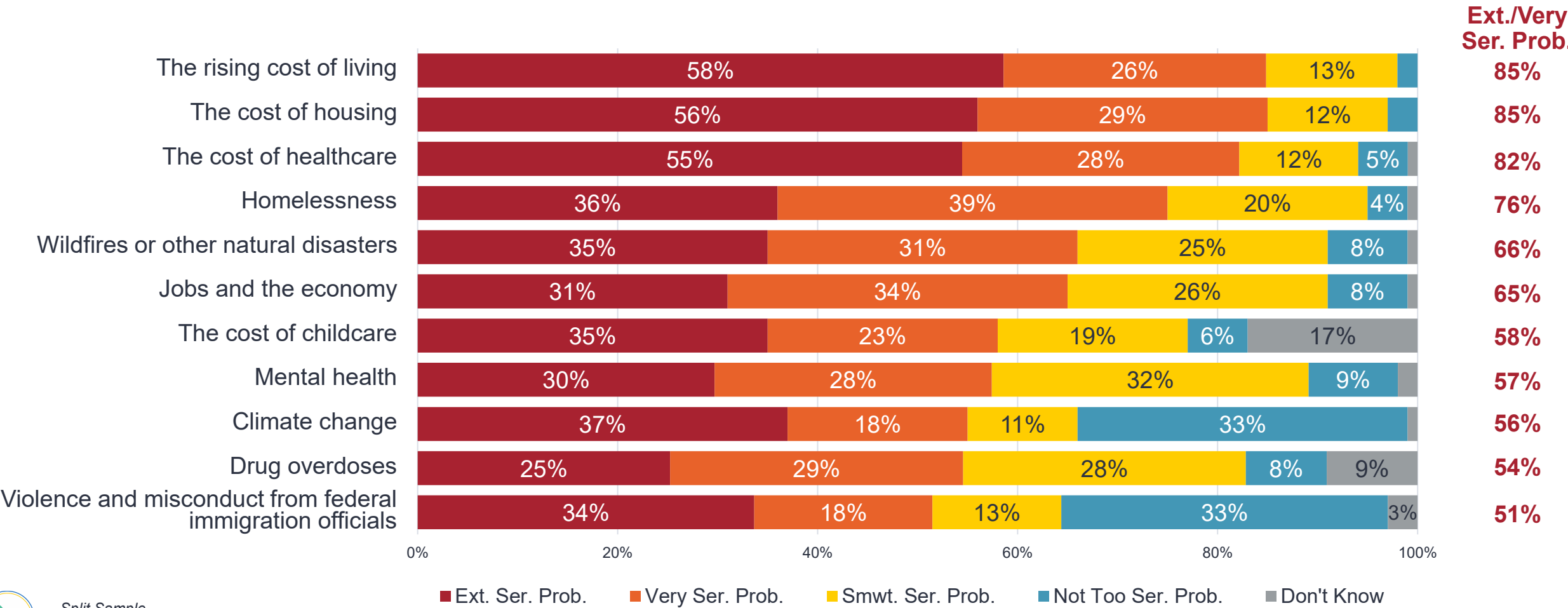
Colorado Region Map

	Eastern Plains (1)	3%
	Colorado Springs (2)	15%
	Larimer Weld (3)	12%
	Denver Metro (4)	56%
	Western Slope (5)	13%



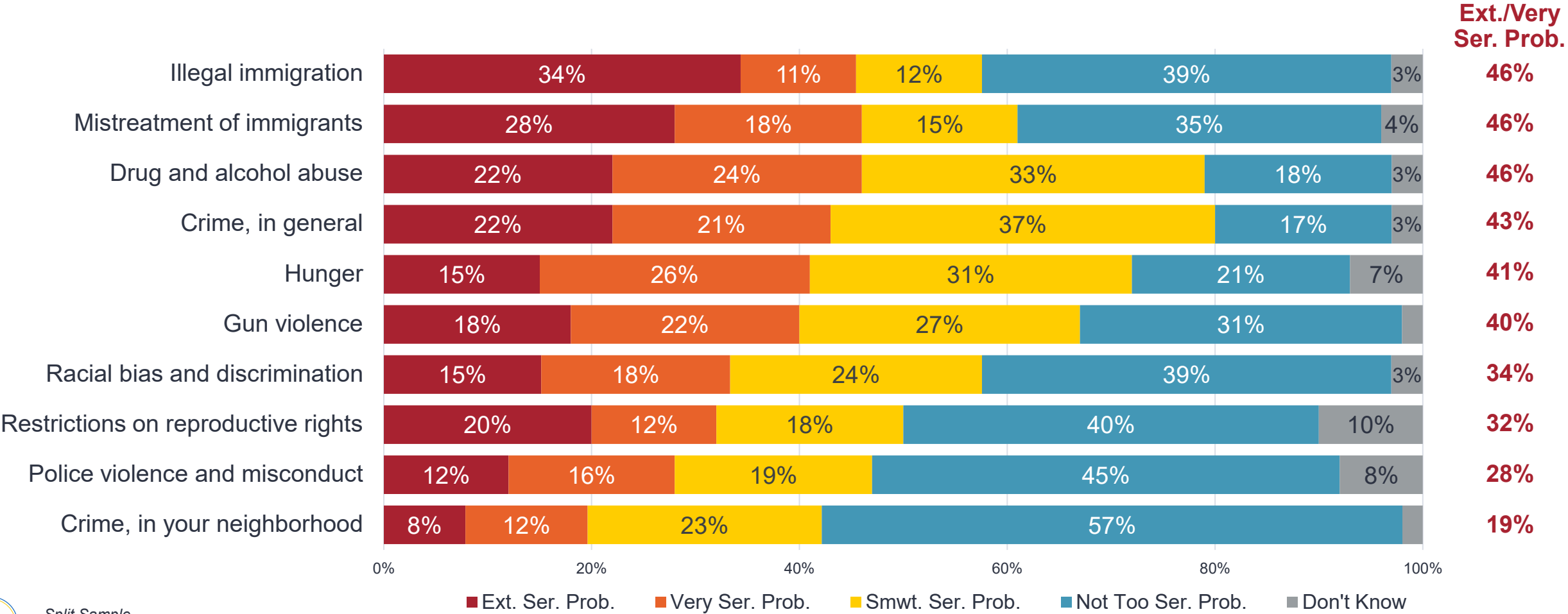
More than four in five say the cost of living, housing, and healthcare are very serious problems.

Q14. Next, please consider the following issues that some people suggest are problems facing Colorado. For each one, please indicate whether you think it is an extremely serious problem, a very serious problem, a somewhat serious problem, or not too serious a problem for residents of Colorado.



Coloradans are more than twice as likely to see crime in general as an issue, compared to crime in their neighborhood.

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Concern about healthcare costs are at their highest point since 2021.

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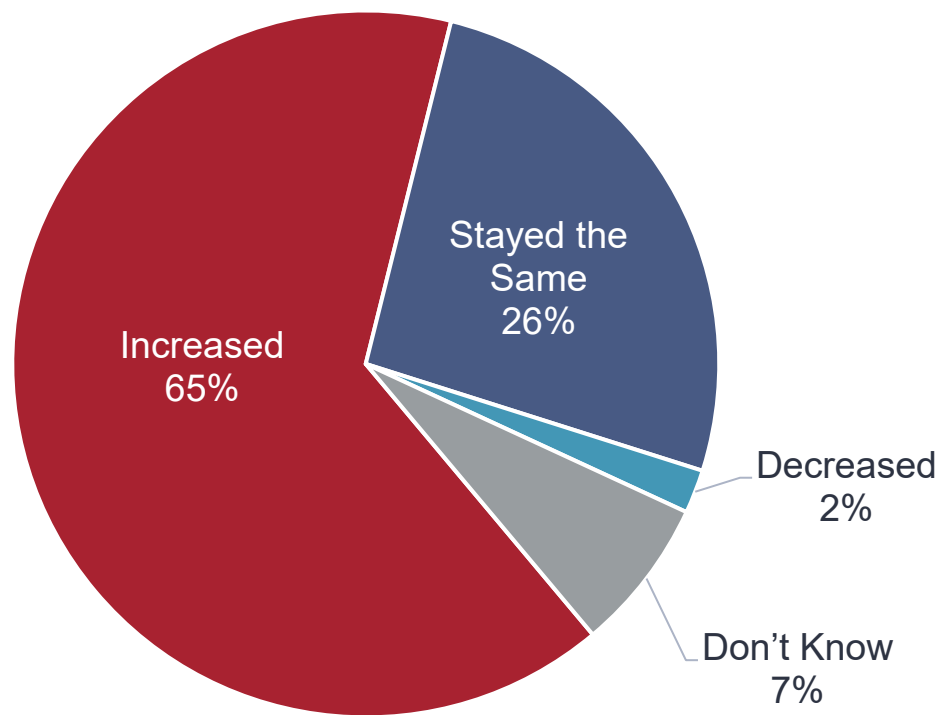
(% Extremely/Very Serious Problem)

Problem	2020	2021	2022	2023	2024	2025	2026	Difference (2025-2026)
Wildfires or other natural disasters	--	--	--	57%	53%	56%	66%	+10%
Mistreatment of immigrants	--	--	--	--	--	37%	46%	+9%
Jobs and the economy	63%	44%	49%	48%	57%	58%	65%	+7%
Racial bias and discrimination	42%	43%	35%	39%	32%	27%	34%	+7%
The cost of healthcare	--	65%	67%	69%	68%	75%	82%	+7%
Climate change	44%	52%	53%	53%	47%	51%	56%	+5%
Homelessness	67%	72%	72%	79%	79%	74%	76%	+2%
The cost of housing	67%	82%	86%	82%	89%	84%	85%	+1%
Hunger	39%	41%	40%	43%	42%	41%	41%	0%
Gun violence	--	--	46%	59%	41%	41%	40%	-1%
Police violence and misconduct	38%	32%	30%	35%	31%	29%	28%	-1%
Mental health	55%	63%	63%	69%	59%	59%	57%	-2%
Illegal immigration	--	38%	--	34%	53%	49%	46%	-3%
The rising cost of living	63%	73%	88%	85%	86%	89%	85%	-4%
Crime, in your neighborhood	--	--	--	--	25%	24%	19%	-5%
Drug and alcohol abuse	45%	50%	58%	57%	48%	52%	46%	-6%
Drug overdose	--	--	--	66%	65%	65%	54%	-11%
Restrictions on reproductive rights	--	--	--	42%	37%	43%	32%	-11%
Crime, in general	--	41%	57%	61%	59%	55%	43%	-12%

a-s. Split Sample

Nearly two-thirds say their cost of healthcare has increased compared to last year.

Q26. Compared to last year, has the cost of healthcare for your family (increased, decreased) or stayed the same?



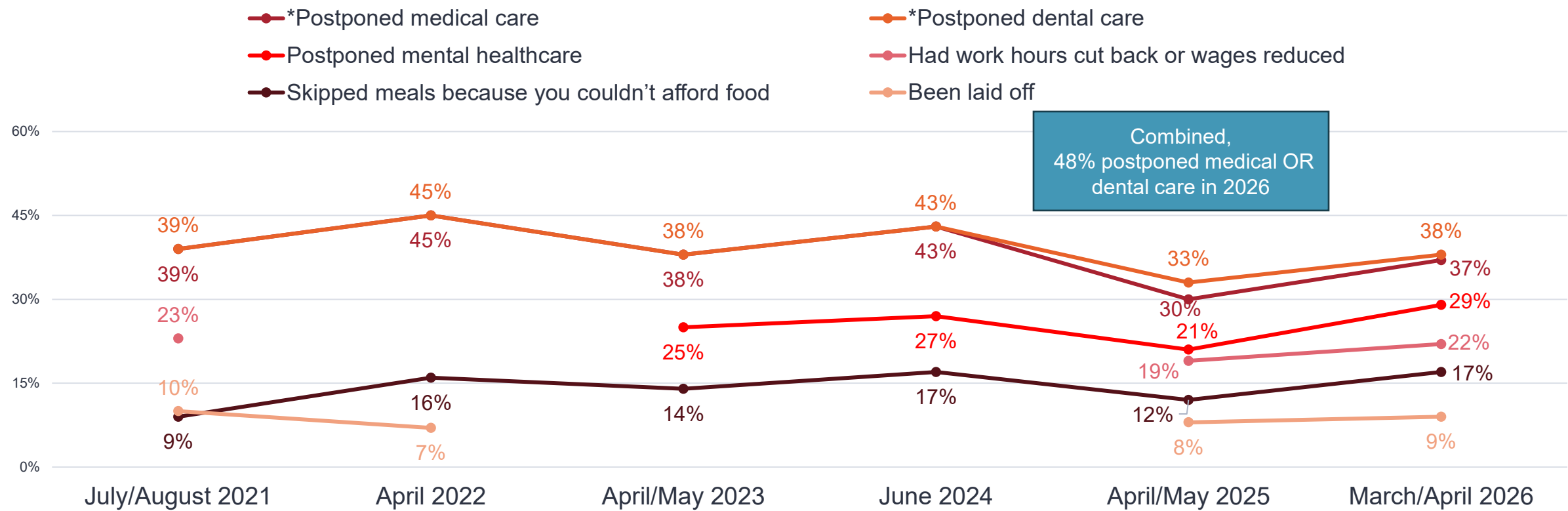
Demographic Groups Most Likely to Say the Cost of Healthcare Increased	%
Have Purchased Insurance	81%
Democrats Ages 50+	80%
Rural Democrats	79%
Moderate/Conservative Democrats	75%
Democratic Men	74%
Ages 45-60 (Generation X)	73%
Retired	73%
Men Ages 50+	73%
Post-Graduate Educated	73%
Denver County	73%
Guardians/Caregivers	73%
Ages 60+ (Baby Boomers)	72%
Independents Ages 50+	72%



Coloradans continue to make financial sacrifices to afford the cost of living.

Q22. In the last 12 months, have you experienced any of the following?

(% Yes)

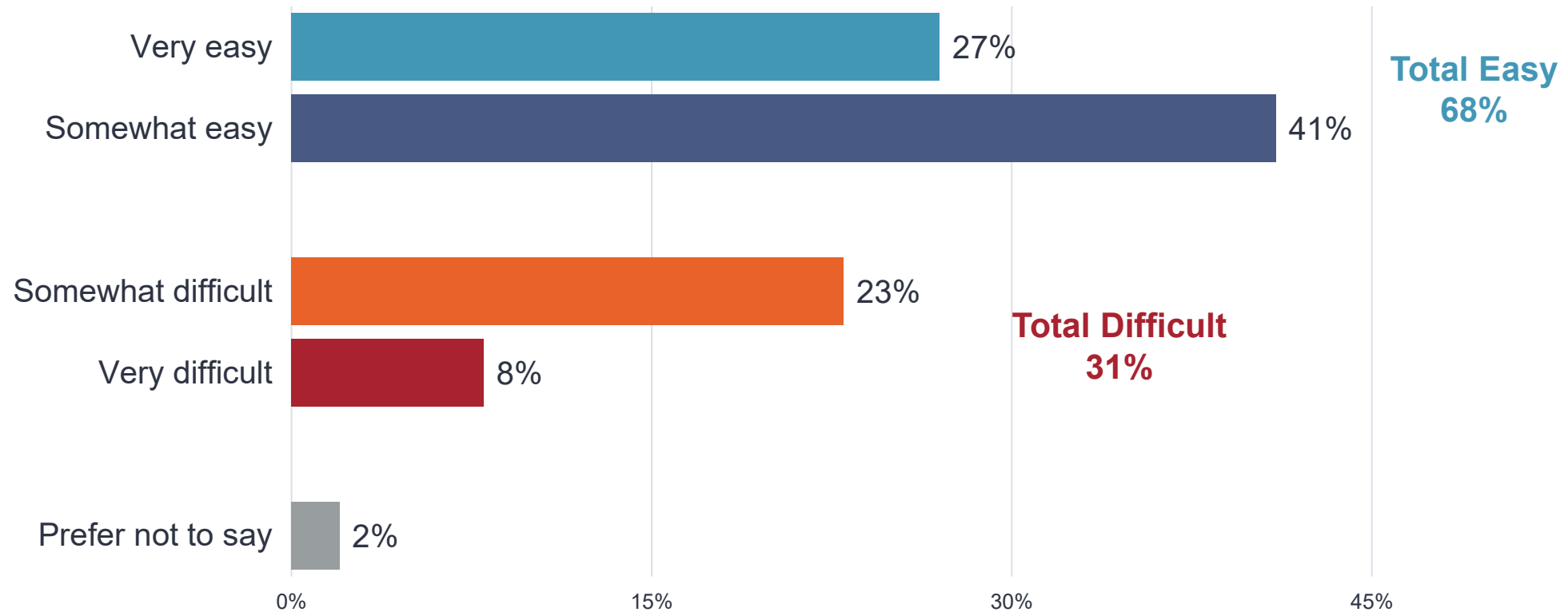


*These two items were asked in a combined question before 2025



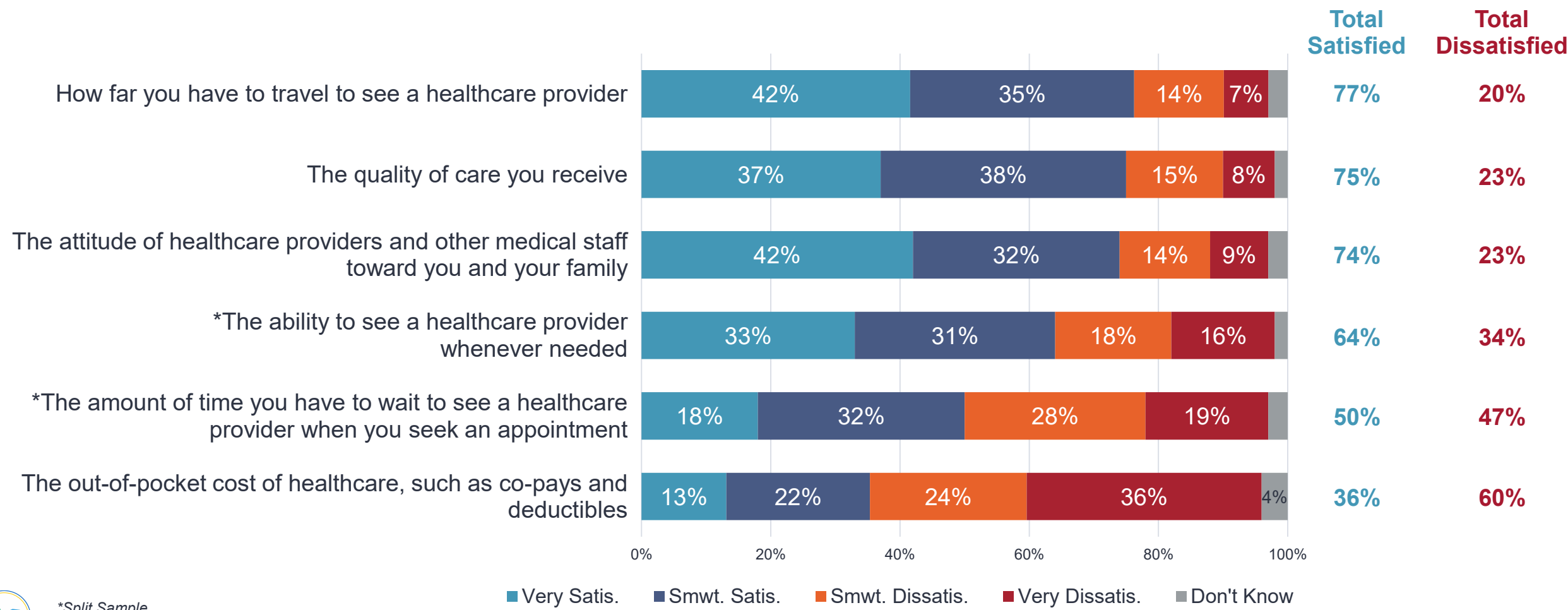
Two-thirds say it is easy to get healthcare in their community.

Q24. First, is it easy or difficult to find or obtain care for your or your family's physical health in your community?
(IF EASY/DIFFICULT, ASK: Is it very EASY/DIFFICULT or just somewhat?)



While most are satisfied with many aspects of their healthcare, three in five are dissatisfied with costs.

Q25. Next, here are some different elements of healthcare services. For each one, please indicate whether you are very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied with it.



Satisfaction with distance to see a healthcare provider is high regardless of area.

Q25. Next, here are some different elements of healthcare services. For each one, please indicate whether you are very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied with it.

(% Total Satisfied)

Element of Healthcare Service	Among All Coloradans	Urbanicity		
		Urban	Suburban	Rural
How far you have to travel to see a healthcare provider	77%	77%	81%	71%
The quality of care you receive	75%	74%	77%	76%
The attitude of healthcare providers and other medical staff toward you and your family	74%	73%	75%	78%
*The ability to see a healthcare provider whenever needed	64%	62%	64%	71%
*The amount of time you have to wait to see a healthcare provider when you seek an appointment	50%	44%	62%	55%
The out-of-pocket cost of healthcare, such as co-pays and deductibles	36%	31%	40%	44%



Those in the Eastern Plains are less satisfied about the distance they have to travel to see a provider, compared to other regions.

Q25. Next, here are some different elements of healthcare services. For each one, please indicate whether you are very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied with it.

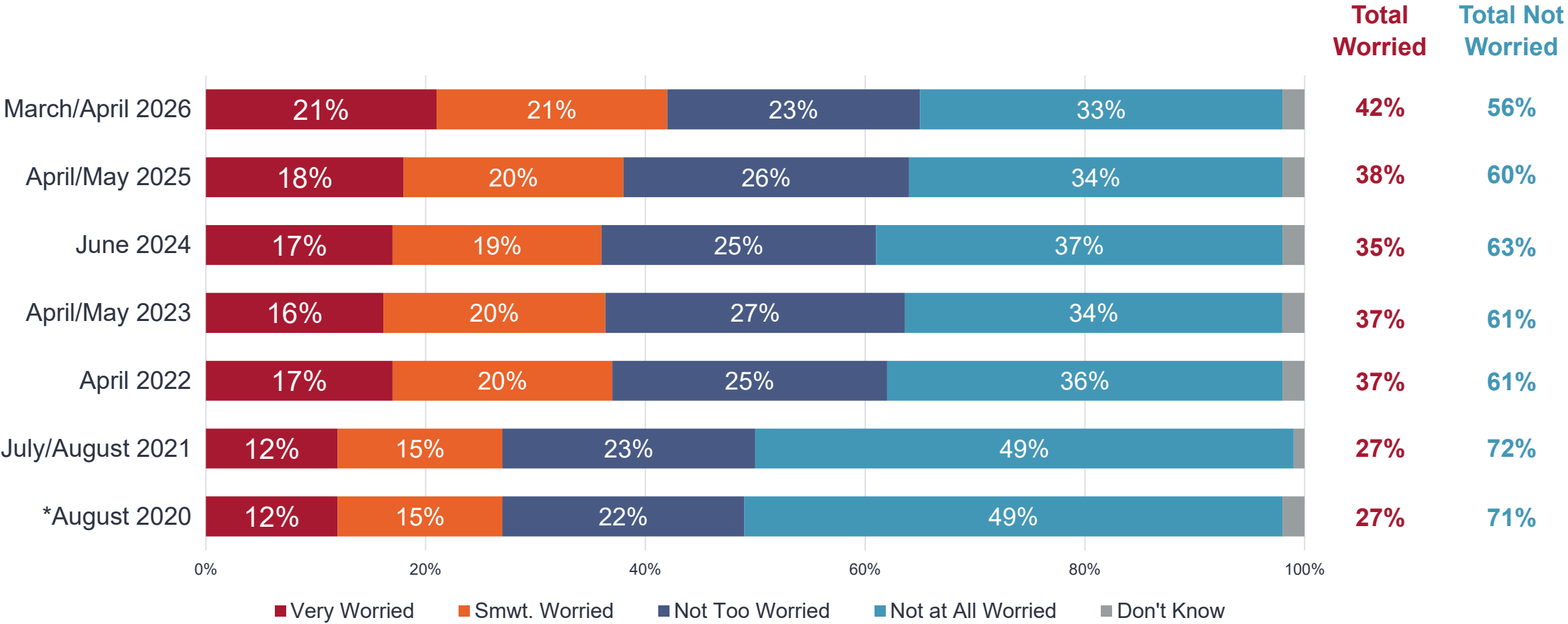
(% Total Satisfied)

Element of Healthcare Service	Among All Coloradans	Region				
		Eastern Plains	Colorado Springs	Larimer/Weld	Denver Metro	Western Slope
How far you have to travel to see a healthcare provider	77%	59%	83%	75%	78%	73%
The quality of care you receive	75%	63%	74%	78%	75%	76%
The attitude of healthcare providers and other medical staff toward you and your family	74%	81%	70%	74%	75%	75%
*The ability to see a healthcare provider whenever needed	64%	70%	64%	59%	62%	73%
*The amount of time you have to wait to see a healthcare provider when you seek an appointment	50%	54%	57%	54%	48%	48%
The out-of-pocket cost of healthcare, such as co-pays and deductibles	36%	59%	42%	33%	31%	46%



They also increasingly worry that they or someone in their household will be without coverage.

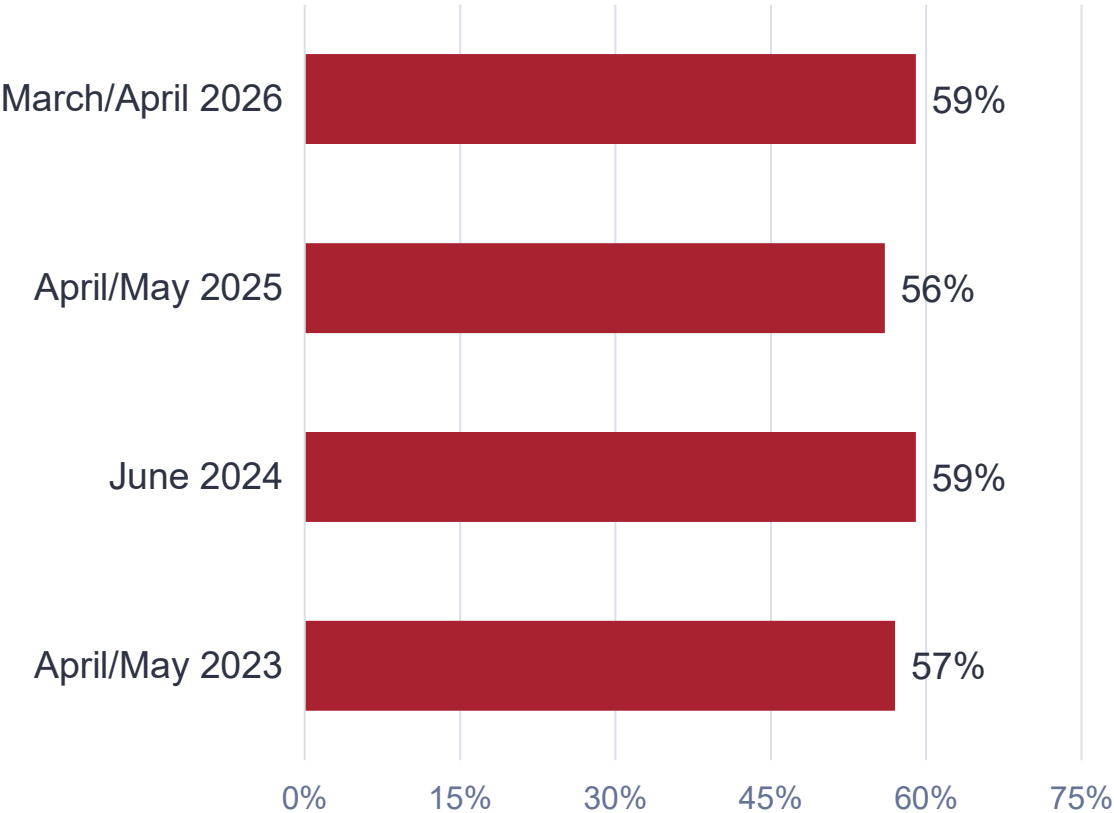
Q20. Thinking ahead over the next year, how worried are you that you or someone else in your household will be without health insurance coverage?



Three in five say they have experienced mental health strain in the past year.

Q27. In the last year, have you experienced mental health strain such as anxiety, depression, loneliness, or stress?

(% Yes)



Demographic Groups Most Likely to Have Experienced Anxiety, Depression, Loneliness or Stress	%
Not Registered to Vote	94%
Have Insurance from Parents	88%
Women Ages 18-49	79%
Renters	79%
LGBTQ+	78%
Ages 18-29 (Generation Z)	77%
Liberal Independents	77%
Democrats Ages 18-49	77%
Liberals	76%
Unemployed	76%
Ages 30-39	75%
Have Children Ages <6	75%
Have Health First CO Insurance	75%



Those experiencing mental health strain are more likely to postpone getting care – including mental healthcare.

Q22. In the last 12 months, have you experienced any of the following?

(% Yes, Experiencing Each Type of Financial Hardship)

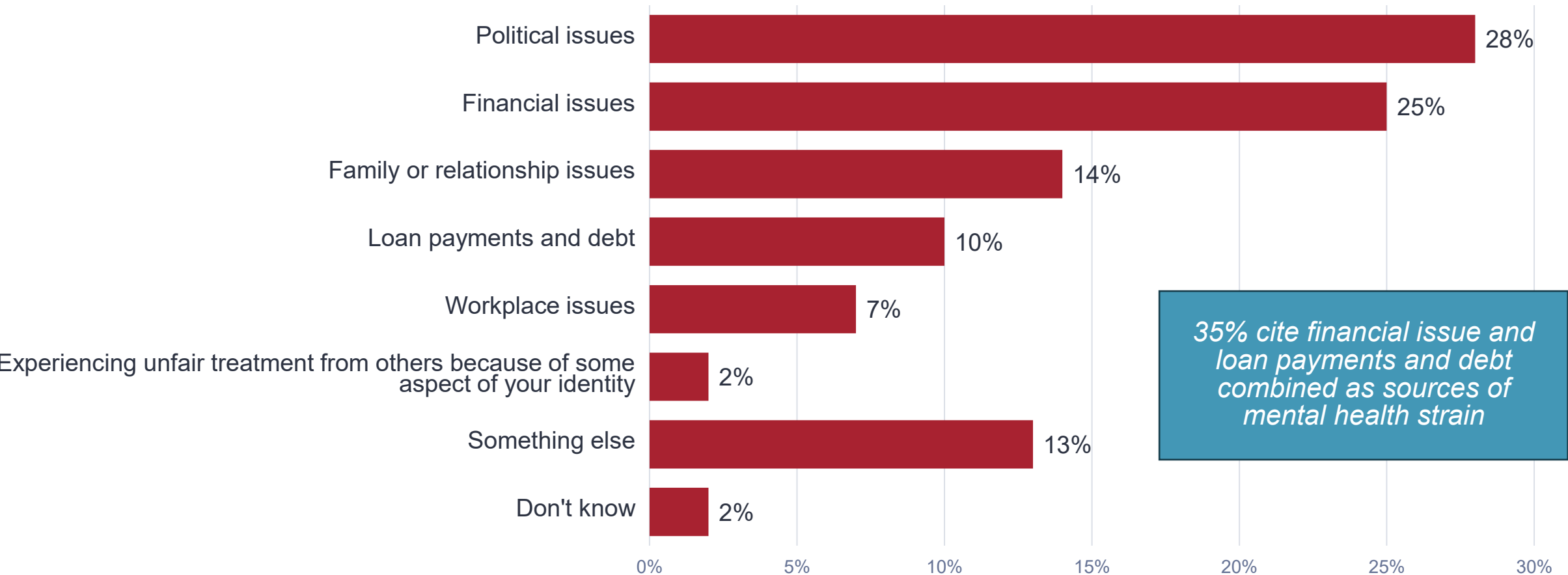
Type of Financial Hardship	Among All Coloradans	Among Experienced Mental Health Strain
Postponed dental care	38%	51%
Postponed medical care	37%	52%
Postponed mental healthcare	29%	47%



Political and financial issues top the list of contributors to mental health strain.

Q28. And which of the following contributes the most to your mental health strain:

(Asked only of those who have experienced mental health strain; n=1,316)





Q&A

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**THANK
YOU**

